



Nairn & Nairnshire Community Partnership

Online Via Microsoft Teams

Wednesday 21st November 18.00 – 20.00

Note of Meeting

Attendees:	Donna Allan (Chair)	Nick Nethercott (Vice Chair)
	Lynn McNeil - HCPP	Cllr Paul Oldham
	Deanna Lundie – HLH	Emma Murray – HLH
	Harry Tedstone – Hospice	Sandra Brown – WFW Programme
	Gill MacLean – CAB	Julia Munro – Home Energy Scotland
	Matthew Withey – Green Hive	Cllr Barbara Jarvie
	Andrea Mackenzie – HLH	James Turner – HIE
	Martin Walker - NHS	Stewart Stansfield – Nairn Play/NAP
	Lizzy Rose – CWNCC	Leanna MacKay – Bluespace Highland
	Alastair Noble – NICE	Kenny Spink – LPP Project Coordinator
	Robert Scobbie – HLH Adult Learning	

Apologies:	Cllr Michael Green – HC	Pamela Roberts NHS
	Ros Philip – NHS	Simon Noble – Green Hive/WIN
	Lucy Harding – Nairn BID	Mark Greig – CDM HC
	Julia MacDonald – Nairn Academy	

1. Welcome, Apologies and Introductions

Chair of the Nairn & Nairnshire Community Partnership (N&NCP), Area Commander for Police Scotland, Donna Allan welcomed everyone to the meeting and thanked them for their attendance. Apologies received are listed above.

2. Approval of Previous Meeting Minutes/Notes

Minutes of the previous meeting held on 21st August were reviewed, no issues or amendments were proposed, and the minutes were approved.

3. Actions of Previous Meetings

Actions from the previous meeting were reviewed with the majority of them complete. Any outstanding actions will be added into the action table for this quarter.

4. Presentations

Gill MacLean – Citizen Advice Bureau

Gill gave a presentation to the group on the History and Role of the Nairn service. It was established post-World War II to assist communities with bureaucracy, such as form filling and housing applications. It is a local, independent charity run primarily by volunteers, offering community-based assistance. They handle issues like social security, debt, housing, homelessness, employment and energy concerns. Volunteers play a critical role with over 8,000 hours donated last year and CAB actively involves the community through partnerships with local organisations and volunteer driven services.

CAB helped local clients achieve verified financial gains of over 1.5 million in the past year, reflecting significant economic contributions. They help with benefit appeals, court representation, and a handyperson scheme for minor repairs. This scheme is available for veterans and their dependants, more information on this can be found here – [Handyperson scheme](#). Future plans include winter energy campaigns, public sessions on financial and legal planning, and promoting the importance of power of attorney to avoid costly guardianship processes.

Please see link for full PowerPoint Presentation – [Citizen Advice Bureau Presentation](#)

Martin Walker – Suicide Prevention

The presentation introduced *Creating Hope Together*, the Highland Suicide Prevention Action Plan (2023 -2025), aligned with Scotland's national vision for suicide prevention. The aim is to reduce suicide rates and address contributing inequalities while fostering hope and recovery.

Priorities are tailored to Highland specific needs, focusing on:

- Identifying and reducing risk for vulnerable groups
- Ensuring timely crisis support and consistent access to help
- Addressing locations of concern and creating safer spaces
- Supporting those bereaved by suicide with timely assistance
- Increasing community and workforce awareness of suicide prevention

Success requires collaboration among statutory services, third sector organisations and communities. The Mental Health Delivery Group which sits within the Highland Outcome Improvement Plan, oversees the plan, and a suicide prevention steering group coordinates its implementation through various subgroups (e.g., data analysis, crisis support and public awareness). Some notable actions include, media training to promote safe reporting of suicide, developing support systems for individuals in crisis and those affected by suicide and training programs to equip communities and professional with suicide prevention skills. There are some challenges around data sharing across organisations due to privacy concerns.

There are a number of support tools and training available. A *Prevent Suicide App* provides safety planning tools and resources for individuals in distress or those supporting them. There is also Suicide Prevention Program (SIPP) training is offered free of charge, with both online and in-person options, designed for anyone interested in learning to provide support.

Future goals include expanding accessibility and awareness of training and support, promoting recovery stories to inspire hope and reduce stigma and ongoing collaboration with media, emergency services and the broader community.

For Further information please use links below:

Highland Mental Wellbeing – A collection of resources to support mental wellbeing:
<https://www.highlandmentalwellbeing.scot.nhs.uk/>

Highland Suicide Prevention Action Plan 2022 – 2025:
<https://highlandcpp.org.uk/wp-content/uploads/2023/10/Creating-Hope-together-in-Highland-suicide-prevention-action-plan-2022-25.pdf>

Training - Highland Mental Wellbeing:
<https://www.highlandmentalwellbeing.scot.nhs.uk/training/>

Suicide Intervention and Prevention Programme:
<https://www.highlandmentalwellbeing.scot.nhs.uk/suicide-intervention-and-prevention-programme-sipp/>

5. Priority Tracker Progress

The purpose of the Priority Action Tracker is to record and evidence progress on community priorities identified by the partnership. It is imperative that those who are leading on actions within the plan ensure that progress is being made and that they are completing the action tracker with any updates on progress.

Progress has been made on several items with some actions moving to green status, an example of this is the creation of a directory of services in Nairn & Nairnshire, which allows filtering by category, like mental health or sports services. See Link below:

<https://www.nairnhealthcaregroup.co.uk/2023/10/06/allis/>

Discussion were had about where this should sit so everyone can have access to it and an action has been taken to find a solution.

Lynn also provided the group with an update on work that has been undertaken to develop a Highland Directory of Service (DOS) to support the delivery of the Community Link Worker (CLW) service in primary care. Funding for this work has come from NHS Highland and it is being developed specifically for the CLW service. However, there was a recognition that the resource would be useful to other organisations and services in addition to the CLW services, so the DOS will be available for anyone to access through the Highland Third Sector Interface's website. Gathering information for the DOS has been a massive undertaking and might not have captured every group and service in Highland but there will be opportunities to update the information in the future. It was hoped that the DOS would be live in the Autumn but unfortunately a delay with developments with the organisation providing the platform for the CLW services has resulted in the launch date being pushed back. It is now hoped that the launch will be early in the new year

There are a number of actions that remain red and efforts are being made to identify barriers or assign new leads for these tasks. Employability actions will be intergrated with the Highland Employability Partnership's exisitng quarterly reporting to streamline updates and the tracker will be updated to reflet this.

6. Highland Community Planning Partnership Update

Highland Community Planning Partnership Board update – October 2024

Lynn gave the group an update on the Highland Community Planning Partnership Board. For the full update please see the attached document - [Highland Community Planning Partnership Board update – October 2024](#)

7. Community Learning & Development Update

Robert provide the group with an update on CLD provison within Nairn & Nairnshire. CLD focuses on supporting individuals and communities in achieving personal, social and economic goals through lifelong learning. Key services provided include Adult Learning with programmes in literacy, numeracy, digital skills and employability support designed to meet the needs of groups such as unemployed individuals and those facing social exclusion. Youth Development, in collaboration with schools, voluntary groups and local council activites are aimed at building confidence, skills and leadership amongst young people.

Further information can be found in this document – [CLD Document Nairn](#)

8. Partner/Round Table Updates

Sandra Brown – Town Team initiative

An initial meeting was held to explain the purpose and responsibilities of a Town Team – The initiative is part of the whole-family well-being program aiming to bring together community organisations and individuals to foster collaboration and identify solutions to local challenges. The approach aims to bridge the gap between community-level initiatives and strategic groups like the Nairn & Nairnshire Community Partnership and the District Planning Group, seeking to improve the connection and communication between grassroots efforts and overarching strategies. While the current focus is on

allocating the family well-being fund, the goal is to sustain the Town Team as a long-term mechanism for community collaboration, with plans to identify further areas of need and action after addressing the initial funding task. Discussions are ongoing to refine the group's structure and naming. It recognises the importance of the entire Nairnshire district in its planning, not just the town of Nairn. For more background information about Town Teams click here: [Town Teams](#)

Alastair Noble – Nairn Improvement Community Enterprise – NICE

The public launch of Our Nairnshire, the Local Place Plan for Nairnshire takes place on Wednesday 27th November on the MUTHU Newton Hotel from 7pm – 9pm. Everybody is Welcome to attend.

9. A.O.B

Community Networking Event - Lynn wanted to thank everyone who attended and made the event the success it was. There were over 25 stall holders who found it beneficial to speak with other organisations and explore mutual offerings, the quieter public attendance allowed for better inter organisational networking. The overall feedback received highlighted the events success in terms of organisation and networking, and there were a number of suggestions for improvements for next year's event

10. Actions

Actions	Person Responsible
Continue efforts to contact the Royal British Legion and connect them with the Armed Forces Covenant	Lynn McNeil
Employability Services, SDS, DWP, LEP to reach out to Lucy at BID to help reach employers about work experience for Young people. Lynn to follow up with Lucy to see if this action has been achieved.	Lynn McNeil
Funding information shared from James Turner to be shared to the Partnership	Lynn McNeil
James Turner to liaise with Alastair Noble on Action 3B1 and update at next meeting	James Turner
Distribute the document summarising services provided by High Life Highland	Lynn McNeil/Robert Scobbie
Ensure the directory of services is accessible and updated regularly. Explore options for hosting it on the community partnership page.	Lynn McNeil
All those responsible for leading on actions within the Community Action Plan to complete the Action Tracker with updates on progress	ALL Leads
All leads to ensure progress on Actions in being made.	All Leads
Lynn to look into the actions that remain on red to see what the barriers are in them progressing.	Lynn McNeil

11. Date of Next Meeting

Dates for 2025 meetings can be found in the table below. Invites to all will be sent round soon. Times and venues for these meetings have still to be confirmed.

Date	Time	Venue
Wednesday 19 th February	TBC	Court House, Nairn TBC
Wednesday 21 st May	TBC	TBC
Wednesday 20 th August	TBC	TBC
Wednesday 19 th November	TBC	TBC